

# Kansas Title V Family Delegate Program



## What is a Title V Family Delegate?

The Title V Family Delegate serves alongside Title V Directors, Program Managers, and Core Title V Staff as an active advocate for all families in Kansas, including families with special health care needs. The Title V Family Delegate represents families of all abilities, demographics, and population types.

Each state is encouraged to select a family or consumer leader to serve in this role alongside the state Title V Directors and other core staff to engage in state, national and systems-level conversations around service delivery for the maternal and child health (MCH) population.

In Kansas, the Title V Family Delegate is a critical member of the Title V team and has an important role. This program provides a pathway for family and consumers to build upon their lived experiences and grow as a leader in the MCH field. The Title V Family Delegate should desire to build leadership skills, learn about community change, and advocate for the needs of families and consumers across all MCH populations. For more information on Kansas Title V programs, please visit [www.kdheks.gov/bfh](http://www.kdheks.gov/bfh).

## What Does a KS Title V Family Delegate Do?

The Title V Family Delegate advises program and policy leaders, promotes effective policy change, and educates families on Title V programming.

### **Advises Program and Policy Leaders**

- Providing recommendations for outcome (performance) measures to KS Title V MCH Programs.
- Participating in the annual block grant review process.

### **Promotes Effective Policy Change**

- Participating on MCH-related advisory boards, committees or program councils.
- Advocacy, support and guidance to families relevant to navigating the Title V system.

### **Educates on Title V Programming**

- Assisting with MCH social marketing campaigns and promotional product development (brochures, flyers, fact sheets, etc).
- Advancing Title V program community outreach and professional development efforts through promotion of program activities and initiatives.

## Benefits of being a Title V Family Delegate

The [Association of Maternal and Child Health Programs](#) (AMCHP) offers states the opportunity to select a family to represent Title V as part of the state's Association Membership. Family Delegates:

- Have voting privileges on AMCHP activities and represent the state at the national level
- Are eligible for nomination for AMCHP Board Positions
- Connect with other family leaders across the country, building a network of incredible support and friendships
- Attend the annual AMCHP conference each year

*The Family Delegate program is supported through the Maternal and Child Health Title V Block Grant and housed within the System of Supports Family and Consumer Partnership (FCP) Program.*

Each individual Delegate will gain something different from the experience, however as the Kansas Title V Family Delegate, you will engage with state staff, consultants and contractors, and sit alongside the Title V team to assure the lived experiences of families and consumers served by Title V are always the first and highest priority. Additionally, you will have opportunities to:

- Build your leadership skills
- Engage in state and national system-level discussions regarding services and initiatives involving MCH populations,
- Serve as a state-level advocate

KS Title V Family Delegates are eligible for financial supports under the Title V Family and Consumer Partnership (FCP) Reimbursement Policy. This may include stipends for participation in meetings or special projects (at the request of Title V), travel costs, and supports for child care costs associated with participation.

## Commitment of the KS Family Delegate

The Title V Family Delegate is a family and consumer leadership program and central to the Kansas Title V program's core values and vision. As such, the investment and commitment of the Title V program to the Delegate is significant. Therefore, selected Delegates commit to a four (4) year term and meet with the Title V FCP Coordinator monthly. As a progressive leadership and mentorship program, the role and time commitment will vary each year.



### Delegate Elect (Year 1)

In the first year, you will focus on learning the MCH system and networks to support your active engagement in state and national meetings.

- Receive peer mentorship from the current Delegate
- Engage in an orientation and onboarding with the FCP Coordinator and Title V staff
- Key “assignments” - complete the MCH Navigator Self-Assessment; develop a personalized training and leadership plan; and establish your Delegate project
- Serve as the Chair of the Title V Family Advisory Council Executive Committee

*Estimated time commitment of approximately up to 5 hours per month.\**

### Delegate (Years 2 and 3)

In the second year, you will work closely with the Title V FCP Coordinator and Title V Directors to expand your advocacy skills and become comfortable in speaking on behalf of families served by Title V.

- Receive peer mentorship from the Past Delegate
- Serve on the KS MCH Council and the Early Childhood Recommendations Panel
- Participate in the Block Grant Annual Review meeting
- Participate in the HRSA Region VII quarterly conference calls (quarterly)

*Estimated time commitment of approximately up to 10 hours per month.\**

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In the third year, your skills-building focus shifts from advocacy to leadership and mentorship, shifting

- Serve as a peer mentor for the newly selected Delegate Elect
- Serve on the KS MCH Council and the Early Childhood Recommendations Panel
- Participate in the HRSA Region VII quarterly conference calls (quarterly)
- Co-present about FCP key initiatives and participate in the Block Grant Annual Review meeting
- Co-Chair the Alumni, Mentorship, and Policy (AMP) Program
- Complete your Delegate project

*Estimated time commitment of approximately up to 10 hours per month.\**

### **Past Delegate (Year 4)**

In the final year, you will primarily focus on supporting other leadership programs.

- Serve as a peer mentor for the first year Delegate
- Serve on the KS MCH Council
- Special invited guest for the Block Grant Annual Review meeting
- Chair the Alumni, Mentorship, and Policy (AMP) Committee
- Complete post Delegate interview with Title V members to identify ways to improve the Delegate experience

*Estimated time commitment of approximately 6 hours per month.\**

The overall experience as the Delegate is tailored to meet your needs, interests and individual goals. The Family and Consumer Partnership (FCP) Coordinator will serve as the primary Title V Staff mentor, however other MCH program staff may be invited to assist in this role, depending on the Delegate's experiences, interests and background.

*\*Estimated time commitments do not reflect time spent serving on the Family Advisory Council.*

## **Want to be the Kansas AMCHP Family Delegate?**

To be eligible to apply as a Kansas Title V Family Delegate, applicants must meet the following criteria:

- Have an interest in impacting Title V programs.
- Be a parent OR family member of (i.e., sibling, grandparent, etc.) of a child or youth served by a Title V Program or an individual who has personal experience with Title V services
- Be a leader within your community at the local, state, or national level.
- Be committed to growing in your leadership.
- Be committed to stretching yourself.

*Note: Paid staff, consultants, or contractors of Title V affiliated or funded programs (e.g., local MCH grantees, core KDHE programming, Family Voices/Family to Family Health Information Center) are not eligible to serve as the Family Delegate. Past and current Delegates are not eligible.*

## **How to Apply – Applications due November 2, 2020 by 11:59 pm**

Submit your application, including a cover, through the online application link:

[https://www.surveymonkey.com/r/2021Delegate.](https://www.surveymonkey.com/r/2021Delegate)

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Cover Letter – Description of Interest

Tell us a little about yourself and describe how being a Family Delegate would further develop you as a family or consumer leader. Describe what you hope to gain from your experience as a Family Delegate.

Essay – Experiences (please limit responses to 500 characters or less per question)

1. What has been your involvement in Title V? Describe your roles, responsibilities, and leadership experiences.
  - a. Did you utilize Title V program services as a family consumer?
  - b. How does your experience in this role drive you to become a state and national family advocate?
2. What is important to you about developing your leadership skills?
3. What special interests related to the MCH population, including special health care needs, do you have?
4. If you are selected as a Family Delegate, how might Title V staff support you?
5. Indicate how you would like to benefit from participating as the KS AMCHP Family Delegate. Choose all that apply. If other, please indicate.
  - a. Broaden my network
  - b. Understand emerging issues from the national level
  - c. Develop skills to act as a liaison for family input and/or engage families
  - d. Understand my part in Title V
  - e. Develop/increase skill level in the MCH Leadership Skills
  - f. Other (please describe in detail)